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## ABSTRACT OF THE DISCLOSURE

An optical disc discrimination apparatus and method which discriminate a type of a disc loaded on a DVD-RAM drive accurately and simply. The optical disc discrimination apparatus includes an RF envelope generator which detects an envelope signal from an RF signal read from a disc loaded in an optical disc recording and/or reproducing apparatus at an off-track state, when only a focusing is accomplished prior to performing a tracking control, an envelope amplitude detector which detects the amplitude of the detected envelope signal, and a disc discriminator which compares the amplitude of the detected envelope signal with predetermined reference level and discriminating whether the disc is a CD, a DVD-ROM, or a DVD-RAM, based on the comparison result. Thus, a type of the disc can be discriminated simply and accurately with a change in the amplitude of the RF signal.